



# FAMILY Values

## Healing Broken Families February 22, 2026

If you were evaluating the state of your closest family relationships, what's your honest assessment of how well you are doing?

### **Read Genesis 3:1; John 17:17**

What are some of the common lies that show up when dealing with broken or difficult relationships? Do you have a favorite verse(s) that helps you keep you focused on the Truth?

### **Read Genesis 3:6 and 1 John 2:16**

Which of the “three hooks” is the easiest for you to fall into—cravings, coveting, or ego? What damage does each cause if not addressed in the light of God's Word?

### **Read Genesis 3:8–10; 1 John 1:7–9**

Charles talked about some common ways people “hide” in relationships—avoidance, silence, secret habits, blaming? Are any of these an issue in your relationships? What is the best way to begin breaking these habits?

### **Read Matthew 5:23–24; James 1:5**

Is there a conflict you've been delaying? What's the first step toward a real conversation?

### **Read Ephesians 4:32; Proverbs 15:1**

What ground rules would make a hard conversation safer and more honoring? What are some of the ways we can work to build trust in places where it is lacking?

### **Read Proverbs 11:3; Luke 16:10**

In your closest relationships, what would rebuilding trust require—truth-telling, consistency, boundaries, accountability, time—and what's your next concrete step?

Is there anyone you need to forgive—not because they “deserve it,” but because bitterness is affecting you? What would forgiveness as a choice look like in this situation?

### **Read Romans 5:18–19**

Have you ever tried to “fix” a relationship without the cross at the center? How did that work out? What changes when you prioritize being right with God and then right with people?

## DISCUSSION QUESTIONS

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